



The Alberta Volleyball Association

- Incorporated in 1974
- The AVA is the official governing body and provides the organizational structure for the sport of Volleyball in Alberta.
- The AVA is involved in every facet of the sport by running programs at all levels (including indoor and the rapidly growing Beach Volleyball)
- We provide all Alberta residents with fair and equal access to participation and personal growth through
 - Recreational
 - Competitive
 - Elite
 - Instructional
 - Administrative
 - Coaching and
 - Officiating programs



AVA programs and volunteer activities are funded and supported by the Alberta Sport Recreation Parks and Wildlife Foundation, membership fees, user fees, interested corporate sponsors and fund raising activities.



Alberta Volleyball's Mission Statement
To provide services that create quality opportunities for the growth and development of volleyball in Alberta

The EVA is active in promoting the sport of Volleyball in the City of Edmonton and facilitates the ability of players either new to the sport or new to the city to find teams to play on.

The Edmonton Volleyball Association

- The EVA was established in 1979
- It has grown into one of the largest indoor volleyball leagues in Western Canada.
- The EVA runs three separate adult leagues: Men, Ladies and Mixed in the Edmonton area with at total of 192 teams.
- League play runs from September to April every year and the EVA rents a variety of schools from the Public and Catholic School Boards as well as private institutions to facilitate league play.
- The EVA organizes the leagues as well as tournaments for a variety of levels of skills ranging from recreational to competitive.
- The EVA also contributes to local schools by providing and maintaining volleyball equipment that is used by students and their leagues.
- The EVA is a founding member of the Edmonton Volleyball Centre Society (EVCS) and has been active with the EVCS.
- The EVA has provided financial support for the GO Community Centre and will be a major user of the volleyball portion of the facility.





Mill Woods Recreational Volleyball Society

- MWRVS is an adult Edmonton Volleyball league with a rich history in the Edmonton area.
- MWRVS is a volleyball league that provides recreational volleyball to its members and promotes the importance of sportsmanship.
- Our goal is to rank teams according to their calibre of play in order to promote close competition at all skill levels.

MWRVS League

- Our league consists of 24 tiers, with tier 1 being the most competitive. Each tier is made up of four teams. There are 8 three week rounds. The first three (3) rounds, two teams will move up and two teams will move down. The last five (5) rounds only one team moves up and one moves down.



Northern Alberta Volleyball Club

- The aim of the NAVC is to provide Edmonton and area youth an opportunity to play competitive volleyball and to prepare them for competition by offering a quality volleyball program.
- Our athletes find their skill development an asset when trying out for their junior and high school teams.
- Operating since 1984, the club emphasizes the development, support and encouragement of its athletes and coaches.
- The NAVC is a registered non-profit organization that consists of almost 200 junior and senior high school-aged athletes, certified and quality coaches, plus parents and volleyball enthusiasts who are responsible for the administration and organization of the Club.
- The NAVC is affiliated with the U of A Golden Bears and Pandas volleyball teams.



SITE PLAN



ATRIUM 3D CROSS SECTION : WEST

EVCS

EDMONTON VOLLEYBALL CENTRE SOCIETY

Edmonton Volleyball Centre Society

- Incorporated under the Societies Act on December 6, 2005
- The EVCS brings together a cross-section of volleyball stakeholders from the Edmonton region.
- The purpose of the Society is to have direct input into the development, operation and stewardship of the GO Community Centre in order to facilitate the growth and development of volleyball for youth, adults, seniors and families in the Edmonton region.



FOG Hall of Fame - George Tokansky
2009



volleyball club

FOG Volleyball Club

- Is an Edmonton based organization that has been around for many years starting with the Masters (over 30 year olds) and has since 2001 expanded into the youth age classes.
- For 2010 the FOG expect to field numerous teams in all age classes. For juveniles and midgets the competitive season begins in December and extends until May. For bantams the competitive season begins January and extends until May.
- One of the FOG's goals is to demonstrate the qualities and enjoyment that volleyball has to offer in hopes of creating lifetime players and contributors.
- FOG hopes to have a high success level of enjoyment and improvement that our members experience over a short-term measure.

FOG's Mission Statement

To provide an opportunity for young players to continue to play volleyball beyond the junior and senior high school season and excel in the sport.





Edmonton Grads Basketball Centre

- The new facility will "meet all Barrier Free Access code standards" and include
- Twelve College / University regulation size basketball courts. Each court will be equipped with a standard score clock, shot clock, score table, public seating, and team benches; Three regulation courts can be converted into Mini Basketball Courts for Youth Basketball which requires the baskets lower to eight feet;
- The facility will host basketball clinics, basketball coaches certification programs, and basketball tournaments for all levels of play;
- The design of the building has provisions for public locker rooms, team rooms, conference facilities, equipment rentals, and concession.



The Edmonton Grads Youth Basketball was founded to honour the legacy of the famous Edmonton Grads women's basketball team by supporting youth basketball in the Edmonton region.





KINDERGYM

Gymnastics is an excellent physical activity to develop gross motor skills, spatial awareness, coordination, strength, power, flexibility, musical awareness and creativity. It is a fun-filled, non-contact activity through which children can develop self-confidence, experience a wide variety of challenges and opportunities for social interaction. We utilize our main gym as well as our unique, colorful preschool gym - the Tot Kingdom.

PARENT AND TOT

This introductory class is designed for the 18 months - 3 year old child with an uncontrollable urge to move. A parent or guardian is required to assist in this 45 or 60 minute class.

PRESCHOOL 1 - A 45 minute beginner class for 3 year olds. Red ribbon upon completion of skills.

PRESCHOOL 2 - A 60 minute advanced class for 3 & 4 year olds. Orange ribbon upon completion of skills.

PRESCHOOL 3 - A 60 minute beginner class for 4 & 5 year olds. Yellow ribbon upon completion of skills.

PRESCHOOL 4 - A 60 minute advanced class for 4 & 5 year olds. Green ribbon upon completion of skills.

PRESCHOOL 5 - A 90 minute advanced class for students who have completed the Preschool 4 class. Kids start wearing on their Cangym badges. Badge upon completion of skills.



Ortona Gymnastics Club Programming



CANGYM (Ages 6+)

CANGYM is Canada's National Skill Development Program. Cangym is a progressive 12-badge program that challenges kids to develop their gymnastic skills in a fun and safe environment. Gymnasts receive a progress card and a badge when each level is completed.

RHYTHMIC GYMNASTICS (Ages 6+)

This class combines elements of ballet, gymnastics, theatrical dance, and apparatus manipulation. Gymnasts will learn to use hoops, ribbons, balls, ropes, and scarves.

SUPER ACHIEVERS (Ages 8-12)

Super Achievers is a program for girls who are interested in competing at the provincial level. It is designed to increase strength and flexibility and teach advanced skills that will be necessary to move into our provincial stream. The program is 5 hours a week and girls must be recommended into the program.

BEGINNER TRAMPOLINE (Ages 5+)

The Play Factory Canjump Program is an innovative recreation program dedicated to teaching trampoline and tumbling skills. The Canjump program consists of 3 disciplines: Trampoline, Double mini-trampoline (DMT) and Tumbling. Each apparatus uses various techniques to combine different levels and types of skills.

ADVANCED TRAMPOLINE (Ages 12+)

This program is specifically designed to help advanced recreational gymnasts. This program includes strength training, stretching, trampoline and tumbling.

TEEN CLASS (Ages 12+)

This is an individually paced program with no pass or fail. It is intended for beginner and intermediate athletes. This class is offered once a week for 2 hours.

ORTONA AERIALS (Ages 6-8)

Ortona Aerials is a highly developed recreational program for girls that show advanced skill and coordination. Girls in this program may advance into Super Achievers, Demo Groups, Pre-Provincial and Provincial programs. Children must be recommended into this 4 hour/week program.



FIELD TRIPS

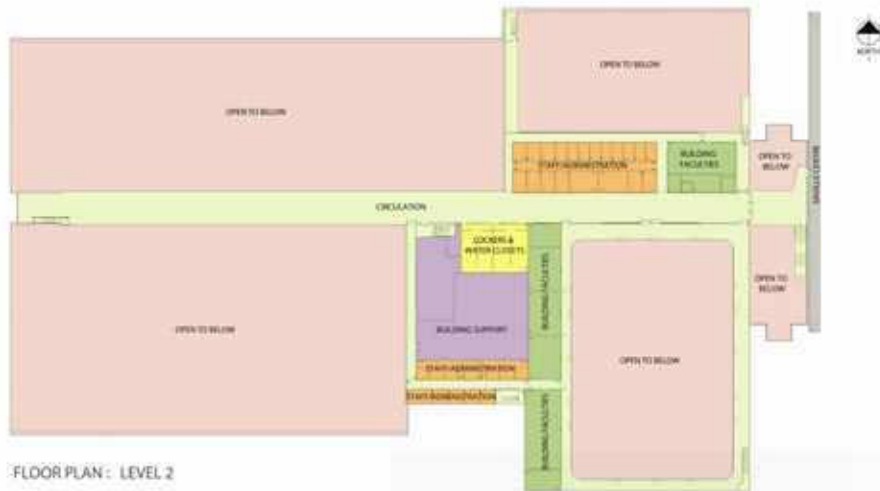
Ortona Gymnastics Club offers field trips throughout the entire year. All ages are welcome here. Our nationally certified coaches provide structured classes in a safe and fun environment utilizing the technical content of Cangym.

We use an array of equipment including bars, balance beams, trampolines, vaulting horses, pommel horses, still rings, heat boards, slides, tunnels, spring floors and our pit.

Schools are responsible for the transportation of it's students to and from our facility. Wheelchair access is available upon request.



DID YOU KNOW?
Ortona has over 5000 visitors through our school fieldtrip program!



FLOOR PLAN : LEVEL 2



FLOOR PLAN : LEVEL 1

2008 - 2009

President - Ken Flesher

Vice President - Robert Butlin

Treasurer - Rick Boyd

Secretary - Brenda Scambler

Members at Large:

Dave Bodnarchuk

Jennifer Boso-Hudak

David Dorward

Terry Gagnon

Hugh Hoyles

Mark Hughes

Jan Kostek

Rob Loughheed

Todd Shipley

Former Board Members:

Brian Shea

Michael Kylo

VOLUNTEERING

*WHAT IT HAS MEANT FOR THE GO CENTRE
OVER THE PAST 7 YEARS
SUCCESS!*

Introducing our GO Community Centre
Board Members



We thank you!

*Words cannot express
the hours of dedication
and enthusiasm these
individuals have
demonstrated*

Founder - David Dorward

2009 - 2010

President - Ken Flesher

Vice President - Mark Hughes

Treasurer - Lynn Hyska

Secretary - Jennifer Boso-Hudak

Members at Large:

Robert Butlin

David Dorward

Terry Gagnon

Rob Loughheed

Hugh Hoyles

Jan Kostek

and many other committee members
who have and are joining at various
stages of the project

The GO Community Centre is a non-profit organization committed to building a unique, world-class recreation facility focused on serving individuals, families and league teams in the Capital region. This community-based, multi-use, recreation and sports complex will focus on *fitness, family and fun for all.*

The goal of the Edmonton Grads Basketball Centre is to preserve Edmonton's basketball roots while increasing the opportunity for growth and development of the sport in the Region.



Edmonton Grads Basketball Centre

- The facility will host CIS Basketball;
- The facility will allow for the scheduling of games and practices by Edmonton Youth Basketball, Adult basketball, drop-in basketball, Spring League Basketball, Rep Basketball and any new or emerging basketball leagues;
- The facility will be home to Wheel Chair basketball and the Edmonton Energy Professional basketball team;



Capital Campaign

- **Private Campaign Goal** **\$5.0 million**
- Registered Charity 80194 1147 RR0001
 - Donations from:
 - Stakeholders
 - General public
 - Individuals and families
 - Corporations and local businesses
 - Foundations
 - Sponsorship opportunities also available
- Valuable partnerships with Government
 - City of Edmonton \$9.0 million
 - Province of Alberta \$10.0 million
 - Government of Canada \$14.8 million
- University of Alberta donated
 - Prime land
 - Provide site servicing
 - Connections to other University Facilities





Full-time gymnastic training available



Full-time gymnastic training is now available at the Ortona Gymnastics Club. The club has a permanent facility of 24,000 sq. ft. and is open to all ages and abilities. The club is located at 8755 - 50 Avenue, Edmonton, Alberta. For more information, contact the club at (780) 443-1111 or visit our website at www.ortona-gymnastics.com.

Newspaper Entry
September 1979



The History of Ortona Gymnastics Club

- 1976 – Gym Fit Gym Club started by Gordon Osborne, operating out of school gyms

- 1978 – Gym Fit moves into the historic Ortona Armories building in the river valley on 97th Ave and 101 St. Built in 1914 by the Hudson Bay Company, the Armories was used as a horse barn.

- 1979 – Bounders Gym Club shares space with Gym fit in the Ortona Armories (recreational fees cost \$1.50-\$2.00 per hour!) This marks the first year in Edmonton's history that local gymnasts will have a full time facility.

- 1980 – Bounders and Gym Fit come together as the Ortona Gym Club, Oct. 1980

- 1981 – John Herb becomes Ortona Gym Club's new head coach

- Mid-80s – John Herb hires international coaches Ming & Feng-Hua Qui from China and Hungarian Choreographer Anna Horvath

- 1984 - An Ortona athlete qualifies for the Olympic Games

- 1988 - Ortona moves into her second home on 8755 - 50 avenue. John Herb erects a 35 foot dome over a 24 000 sq ft permanent facility. Later that same year, tragedy struck as John Herb, catalyst of the club's unprecedented success, died suddenly.

- 1989 - Jim Walker, an American coach, specializing in training principles from eastern Europe is hired as Ortona's next head coach and remained at its helm until 1994.

- 1994 - Ortona attracts husband and wife coaches Michel Arsenaault & Valerie Oudin. This duo demonstrate their expertise and vision to develop all levels of gymnastics over the next 6 years

- 1996 – Ortona successfully hosts the first of several international Wild Rose Invitational competitions.

- 2000-2010 - Over this decade, Ortona continues to attract international staff from Belgium, Britain, Korea, U.S.A. & Romania. Coaches that have each in their own way left their mark by assisting athletes to strive for success & excellence.

- 2011 - Ortona's next chapter and new HOME, the GO COMMUNITY CENTRE.



John Herb



Jim Walker



Partners and Participants

To date some organizations that we have been in contact with to participate:

- Big Brothers and Sisters
- Boys and Girls Club
- CASA Child, Adolescent and Mental Health
- Children & Youth Services
- Evangelic Church
- Edmonton Dynamos (Senior)
- Familles First
- Family Linkages Foundation of Alberta
- Multicultural Health Brokers
- Roots and Wings
- Social & Recreation Services
- South East Edmonton Seniors Association
- Stollery Hospital
- Success by Six
- United Way
- YMCA

these are just a few and many more



Objective 1

To work with individual groups in the community that are working with youth and families who have an interest in the GO Community Centre

Objective 2

To work with partners to establish what their expectations are for the use of the GO Community Centre

We want to hear from you!
Contact the GO office if you wish to participate with us.



Some research has been done on funds available for better accessibility:

- Canadian Tire Head Start Program
- Edmonton and Area Child and Family Services
- Everyone Gets to Play
- KidSport
- Leisure Access Program
- Stay at home funding thru Edmonton and Area Child and Family Services



SOUTH ENTRANCE



ATRIUM.3D CROSS SECTION : EAST